

PARK X

Bayview
Hunters Point


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3rd Street Youth Clinic and Center
Health Outreach Coordinator

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Park Prescription (Park Rx) Program Description

Park Rx aims to foster a collaborative approach to improving health outcomes of bayview community members through strengthening the connection between the healthcare system, parks and public lands.



Park Rx Collaborators

Clinic Partners	Park Partners	Administrators
3rd Street Youth Clinic and Center (3YCC)	SF Rec and Parks	BMagic
Southeast Health Clinic (SEHC)	Literacy for Environmental Justice & Candlestick Point Recreation Area	3YCC (July 2022)
Bayview Child Health Clinic (BCHC)	Parks 94124	
	Heron's Head Park/ Eco Center	

Park Rx Team

Health Outreach Coordinator

1. Responsible for Coordinating Park Rx Programs
2. Connecting program participants to local recreation activities and SFRP scholarships
3. Working with Health Educator on Park Rx programming

Health Educator

1. Follows up with referrals from clinic sites or outreach events
2. Acts as a coach and accountability partner for participants in the program.
3. Collaborates in planning and leading health education programming for youth participants

Park Rx Goals

- 1) Improve participants' overall health and well being
- 2) Giving community members the chance to connect and seek support in healthy initiatives without the fear of being stigmatized.
- 3) Help young people with mental health challenges by offering creative and fun activities and services that are directed towards the bayview community



Referral Program

1. Clinicians can refer their patients to the Park Rx program or patient finds program through outreach events etc.
 2. Park Rx coordinator takes referrals and then connects participants to rec activities and gives warm hand off to a health educator.
 3. The health educator makes a health plan with participant and provides ongoing support to help them stay on track with their plan
 4. Participant tracks activity using a activity completion card and receive a Park Rx related reward for completing program
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Scholarship Program

1. Park Rx has partnered with SF Rec and Parks to make scholarships for rec activities more accessible through in-person outreach and application support
2. Scholarship guide + online application form that the Park Rx Health Outreach Coordinator will then pass off to scholarship coordinator at SFRP
 - a. Sign-up on active net
 - b. Apply for scholarship
 - c. Sign up for rec activities/ classes
3. Scholarship now lasts for 2 years and household income is no longer required

Program Partnerships

- 1) Park Rx will also be plugging into existing youth programs at 3rd Youth Clinic and Center and other community orgs to make Park Rx more accessible to community members
 - a) Youth Outreach Squad
 - b) Health Core
 - c) 3rd Street Youth Academy
 - d) Summer Health Education Program
- 2) Park Rx programming includes things like art making, cooking lessons, kayaking, water safety, eco-walks and more!
- 3) For program partnerships, please reach out!

Updates!

- 1) Look out for our reintroduction newsletter coming out in May!
 - a) If you want to be added to our mailing list, please email me at chandna@3rdstyouth.org
- 2) Interest in collaboration, please reach out!
- 3) 3rd Street is hiring for a Health Educator!

